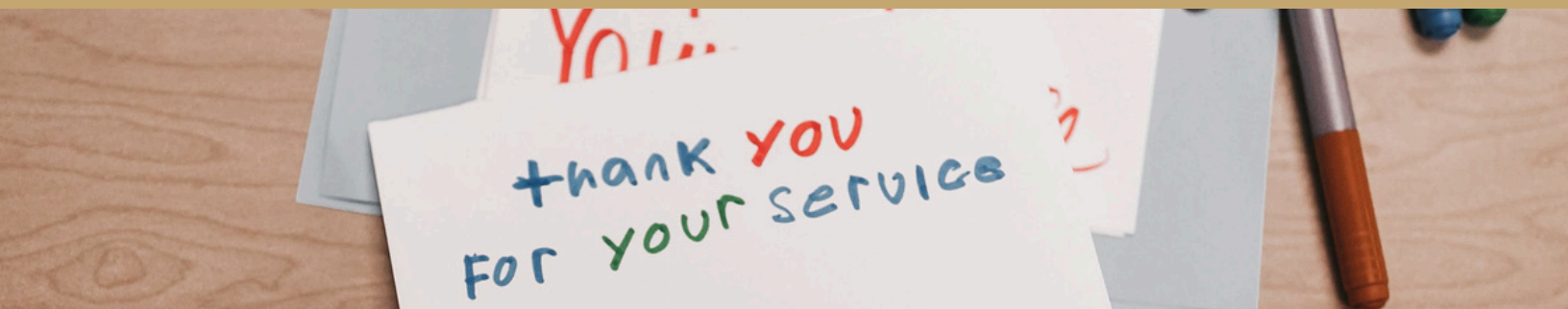




# TRAVIS MANION FOUNDATION

# VETERANS DAY ACTIVITY GUIDE



**Thank you for listening to a special message about Veterans Day from United States Marine Corps Veteran Maj. Josh Jabin from Travis Manion Foundation (TMF). Below are suggested questions to help guide a discussion with your students about the video.**

1. What is a veteran?
2. Why do we celebrate Veterans Day?
3. Does anyone have a family member or neighbor who is a veteran?
4. What is the difference between Veterans Day and Memorial Day?
5. Why do you think it is important for us to honor and thank our veterans?
6. What are some of the qualities or character traits you think a veteran may have? Refer to the graphic on the next page for a list of 24 character strengths.
7. How do you think we can express gratitude to veterans in our community?

**Here are two ways you can put “If Not Me, Then Who...” into action this Veterans Day.**

- Connect with a local veterans home in your community by visiting <https://nasvh.org/directory/>.
  - Offer your time to meet with veterans, participate in activities or get to know more about them.
  - Share your gratitude with a veteran by writing them a letter or drawing them a picture using the provided paper. Use the prompts on the next page as inspiration. You can hand deliver or mail your letters to a veterans home or send them to TMF so that we can mail them for you.

Travis Manion Foundation

PO Box 1485

Doylestown, PA 18901

- Organize a collection drive for wish list items at a local veterans home. Check with the veterans home before collecting items to see what they need most and if there are items they cannot accept.

**If you are interested in learning more about free Character Does Matter programming and would like to inquire about having a TMF Veteran Mentor visit your school, please visit [travismanion.org/veteransdayCDM2024](https://travismanion.org/veteransdayCDM2024).**

Travis Manion Foundation [TMF] is a community—led by veterans and families of the fallen but open to all—that serves together and supports each other. Learn more and join the mission at [travismanion.org](https://travismanion.org)

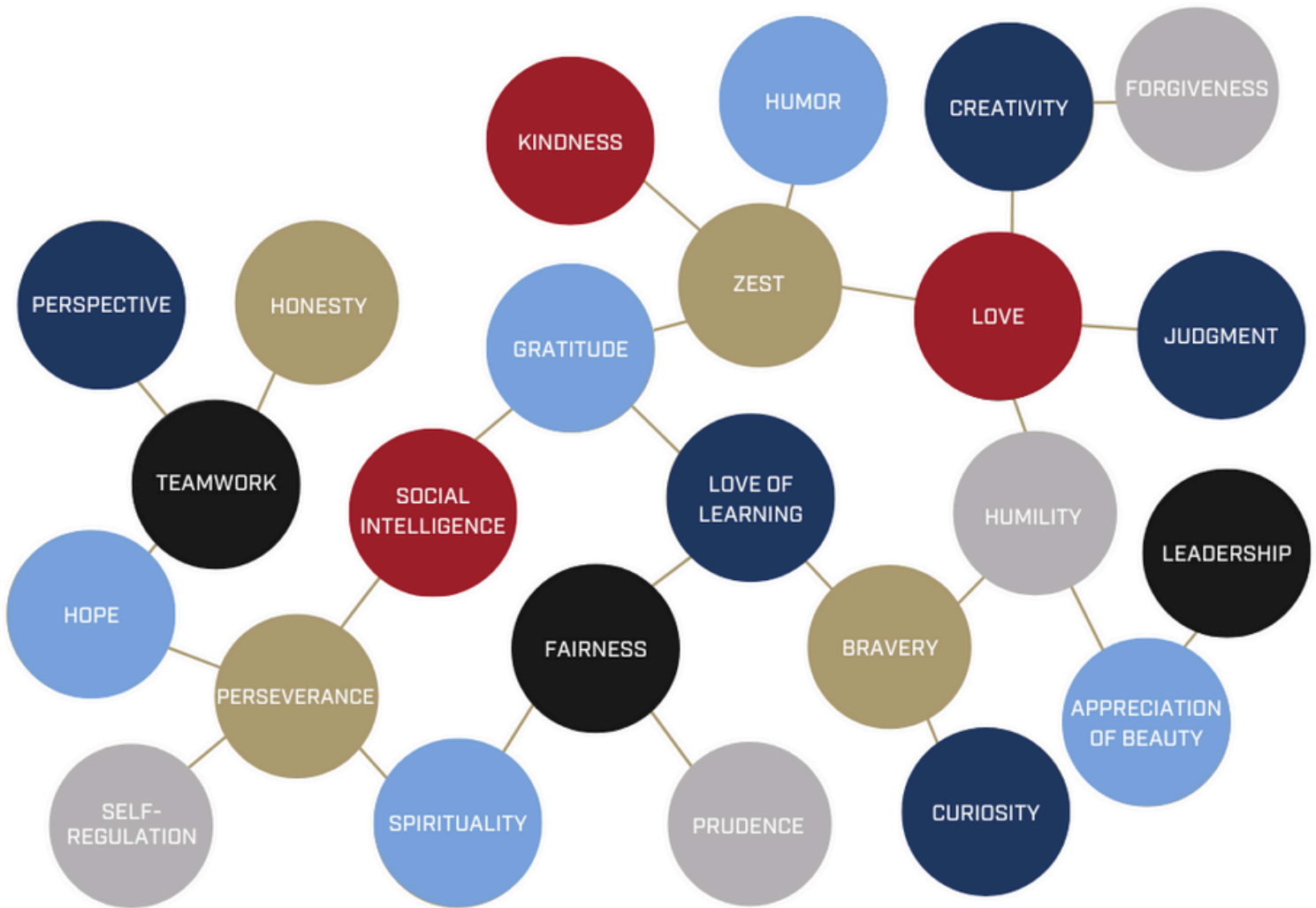
# TRAVIS MANION FOUNDATION

# VETERANS DAY ACTIVITY GUIDE



## 24 Character Strengths

Use the below map as a guide as you identify the character strengths that a veteran may have.



## Ideas for “Thank You, Veteran” Letter

Below are ideas to share with your students as they craft their thank you letters to veterans. Veterans also love artwork. Younger students are welcome to draw pictures.

- Thank you for serving our country.
- I think you are brave because...
- I am grateful for veterans because...
- I think you are a hero because....
- Thank you for protecting our country’s freedoms while serving.
- I think a veteran is \_\_\_\_\_ because...
- I think it is important to honor our veterans because....
- This Veterans Day, I want to share my gratitude because...
- Draw a patriotic picture